

Visiting the sick

Virtues
Etiquette
Duas

Published By:



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GUIDANCE • UBUNTU • EMPOWERMENT

It is Sunnah to visit the sick. Visiting the sick is highly rewarding, helps one to reflect and reminds us that good health is indeed a great bounty and gift from Allah Ta'ala for which we must be grateful.

VIRTUES

“Visit the sick, feed the hungry and free the one who is imprisoned (unjustly).” (Bukhari)

“When the Muslim visits his (sick) Muslim brother, he is harvesting the fruits of Paradise until he returns.” (Muslim)

“When a Muslim visits his sick brother in the morning, 70 000 Angels make Dua for his forgiveness till the evening. And when he visits him in the evening, 70 000 Angels make Dua for his forgiveness till the morning.” (Tirmizi)

“Allah will say to a person on the Day of Judgment: ‘O son of Adam! I was sick and you did not visit Me!’ So the person will reply: ‘O my Lord! How could I have visited You, while You are the Lord of the worlds?’ So He will say: ‘Did you not know that my servant (so and so) was sick, yet you did not visit him? Did you not know that if you had visited him, you would have found Me with him?’” (Muslim)

“Whoever visits the sick a caller calls out from the sky, “You are blessed, your walking is blessed and you have prepared an abode in Jannah.” (Ibn Majah)

ETIQUETTE

Short visit - *“Make your visits short, people will love you more.”* (Al-Hakim) - Be mindful of the patient’s condition, rest and other visitors.

Give hope - *“If you visit a sick person, then try to put him at ease by giving him hope (of prolonged life), for it does not change anything, but comforts him.”* (Ibn Majah & Tirmizi)

Make encouraging remarks and give hope of speedy recovery and prolonged life.

Request Duas - *"If you enter upon a sick person, then ask him to supplicate for you, for his supplication is like the supplications of the angels."* (Ibn Majah)

Comfort and care - One may gently stroke the sick person with the right hand and recite the relevant duas. The best gift for the sick is to give duas.

- Choose an appropriate time to visit. Perhaps phone first to inquire about an appropriate time.
- A close friend may stay with the sick person longer than recommended if the sick person is comfortable with this.
- Do not probe details about the sickness. It maybe sensitive in nature.
- Do not cause disturbance and congestion at the hospitals or clinics when visiting a sick person. Be considerate of other patients and visitors.

RECOMMENDED DUAS

Recite the following Dua before a sick person:

اللَّهُمَّ أَذْهِبِ الْبَأْسَ رَبِّ النَّاسِ ، وَاشْفِ ، أَنْتَ الشَّافِي لَا شِفَاءَ إِلَّا شِفَاؤُكَ
شِفَاءً لَا يُغَادِرُ سَقَمًا ،

Allahumma azhibil ba'sa Rabban nas, washfi, antash Shafi la shifa illa shifa'uka, shifa'an la yughadiru saqaman

"O Allah! Take away this pain, Lord of Mankind! O Allah! Cure him. You are the All-Curer; there is no remedy other than Yours, a remedy that leaves of disease." (Bukhari & Muslim)

أَسْأَلُ اللَّهَ الْعَظِيمَ رَبَّ الْعَرْشِ الْعَظِيمِ أَنْ يَشْفِيكَ

As'alullahal Azeem, Rabbal Arshil Azeem ay yashfiyaka

"I ask Allah the Exalted, the Lord of the Great Throne, to heal you."
(Al-Hakim)

Say to the sick person:

لَا بَأْسَ طَهُورٌ إِنْ شَاءَ اللَّهُ

La ba'sa tahurun insha Allah

"Do not worry. It (the sickness) will be a purification (for you), Allah willing." (Bukhari)

Recite when visiting:

بِسْمِ اللَّهِ أَرْقِيكَ مِنْ كُلِّ شَيْءٍ يُؤْذِيكَ ، مِنْ شَرِّ كُلِّ
نَفْسٍ أَوْ عَيْنٍ حَاسِدٍ ، اللَّهُ يَشْفِيكَ ، بِسْمِ اللَّهِ أَرْقِيكَ

*Bismillahi arqeeq, min kulli shay'in yu'zeek, min sharri kulli nafsin
aw 'aynin haasid, Allahu yashfeek, Bismillahi arqeeq*

With the Name of Allah, I recite over you (to cleanse you) from all that troubles you, and from every harmful mischief and from the evil of the eyes of an envier. Allah will cure you; and with the Name of Allah, I recite over you. (Muslim)

أَعُوذُ بِاللَّهِ وَقُدْرَتِهِ مِنْ شَرِّ مَا أَجِدُ وَأُحَاذِرُ

Auzu billahi waqudratihi min sharri ma ajidu wa uhaziru

I seek protection in Allah and His might against the evil of what I feel and fear (7 times) (Muslim)

Six Qur'anic verses for cure (Aayaat e Shifa)

وَيَشْفِ صُدُورَ قَوْمٍ مُّؤْمِنِينَ

(Surah Tawba 9:14)

وَشِفَاءٍ لِّمَا فِي الصُّدُورِ

(Surah Yunus 10:57)

يَخْرُجُ مِنْ بُطُونِهَا شَرَابٌ مُّخْتَلِفٌ أَلْوَانُهُ فِيهِ شِفَاءٌ
لِّلنَّاسِ

(Surah Nahl 16:69)

وَنُنزِّلُ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَرَحْمَةٌ لِّلْمُؤْمِنِينَ

(Surah Isra 17:82)

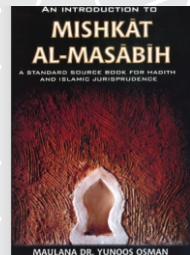
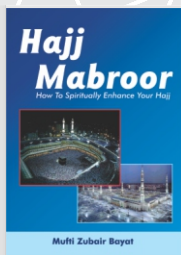
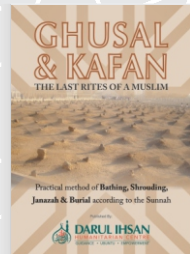
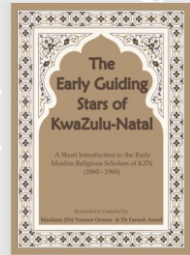
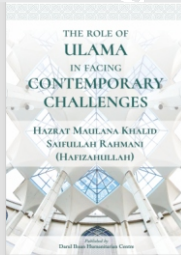
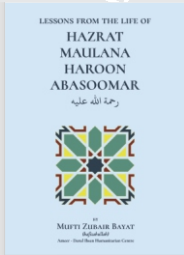
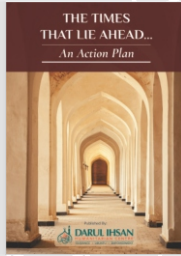
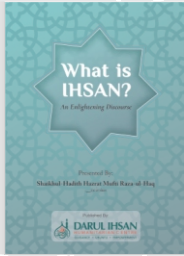
وَإِذَا مَرِضْتُ فَهُوَ يَشْفِينِ

(Surah Shu'ara 26:80)

قُلْ هُوَ الَّذِي آمَنُوا هَدَىٰ وَشِفَاءً

(Surah Fussilat 41:44)

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About Darul Ihsan

Darul Ihsan Humanitarian Centre provides education, guidance, social, empowerment and welfare services to the community. In providing this service, we adopt a holistic approach, that gives due importance to basic needs as well as human rights and dignity of those that we serve.

Founding Philosophy

Darul Ihsan Humanitarian Centre is a multi-purpose, humanitarian-services providing organisation. 'Ihsan' means compassion towards mankind and to act with excellence. The Centre was established in the year 2000 with the primary objective of serving humanity and alleviating poverty and hardship locally and abroad. Since its inception, it has developed and established many humanitarian projects and provides a variety of free services to the community.

Key Objectives

One of the key objectives of the Centre is to promote a better understanding of humanity and peace, thereby serving as a bridge-builder between faiths and communities. Through guidance, Ubuntu and empowerment, the organisation hopes to train and develop the youth to become torch bearers of hope, peace and compassion to humanity.

