

TURBULENT TIMES - OUR RESPONSE -

Kidnapping, fuel hikes, pandemics, power cuts, civil unrest, soaring food prices, water shortages, crime and violence have become the order of the day. These crises have created an environment of uneasiness, tension, fear and anxiety.

WHO TO BLAME?

The general response to these problems is to blame the economy, crime, corruption and politicians. However, a Muslim, whilst remaining alert about the 'on the ground' realities in his community, should be more aware that the Supreme Controller of everything - Almighty Allah is in charge. The Believer assesses the unfolding of events based on the principle of consequences of deeds, action and reaction. Honest reflection informs us that man is not truly grateful to his Creator - *"Verily man is ungrateful to His Creator."* (Surah Adiyat - Verse 6)

TOXIC SOCIETY

There is a prevalence of disobedience, vice, ingratitude, pride, arrogance, dereliction of duty, usurpation of rights, oppression, extravagance, waste, and a host of societal ills that have now become the order of the day. In essence, we have become a toxic society.

THE REMEDY

The remedy lies in realisation, repentance, reformation and rectification. The qualities of humility, simplicity, patience and gratitude must be developed. *"Verily Allah will not change the condition of a nation until they change themselves."* (Surah Ra'd - Verse 11)

Recite Duas for protection - morning and evening with punctuality.

Individual and collective repentance should be done vigorously. This will draw Allah Ta'ala's mercy and save us from punishments and calamities. The method of repentance is to truly regret over the sins committed, seek

In This Issue

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- A Gentle Approach
- Bursary 2022
- Correct your Sajda
- Smoking Vape
- The Holiday Season
- Sadaqa Jariya
- Beneficial Duas

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forgiveness with humility, firmly pledge not to commit sins in future and seek ways of reformation.

ADOPTION OF THE MEANS

- Adopt all possible means of safety and security. Be alert and vigilant of your surrounding at all times.
- Extra caution must be exercised regarding little children - do not leave them unattended.
- Be wary of strangers, especially about letting them into your home
- When travelling, take precautions. Do not leave valuables exposed in cars.
- Exercise precaution in all public parking areas - Malls, Halls, Masajid, Schools, etc.
- Avoid unnecessary travel especially at night.
- Become active in civil service and help in community upliftment.

In these trying times we beseech Allah Ta'ala to grant us guidance, make us obedient and bring about peace and stability in our land.



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RELAUNCH FEED-A-PUPIL

Sandwich Preparation 2022

The Covid 19 pandemic has disrupted our lives in an unprecedented manner.

People have been affected physically, emotionally, financially and socially.

We make earnest Dua that Allah Ta'ala alleviate the pandemic and cures those that are unwell, grant strength to those who have recovered and grant those who have passed on the highest abode in Jannah and Sabr to the families. Aameen.

As our respected Sisters are aware that due to the Coronavirus pandemic, our Feed A Pupil project was suspended since March 2020. We urge all to continue taking precautions and make dua for protection with trust and conviction in Almighty Allah.

If all goes well, we intend resuming the Feed A Pupil Project in January 2022. Insha Allah.

A sandwich preparation schedule will be sent out shortly.

May Allah Ta'ala accept your noble deeds and reward you abundantly.

Kindly forward to members of your team who participate in the Feed A Pupil project.

Term 1	24 January - 24 March
Term 2	9 May - 23 June
Term 3	20 July - 29 September
Term 4	12 October - 25 November

NB. There will be no sandwich preparations in the month of Ramadan, public & school holidays
Above schedule subject to change

For More Info



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Visit www.darulihisan.com for latest activity updates

Adopting A Gentle Approach When Advising People

When Allah Ta'ala commanded Hazrat Moosa and Haroon   to go to Fir'aun, He instructed them with the following; "Speak to him (Fir'aun) in a gentle (soft) manner, perhaps he will accept or he will fear (Allah)." (Surah Taha)

Hazrat Abdullah bin Mughaffal   narrates that Nabi   said, "Verily Allah is gentle (kind) and loves gentleness. He gives (rewards) for being gentle (in actions) what He does not give when being harsh." (Abu Dawood)

Hazrat Ayesha   narrates, "I was on a camel that was stubborn." Nabi   said, "Be gentle. Gentleness is not added to something except it beautifies it and it is not removed from something except that it spoils it." (Muslim)

Hazrat Jareer bin Abdillah   narrates that Nabi   said, "Whoever is deprived of gentleness (kindness) is deprived of goodness." (Muslim)

Gentleness is the opposite of harshness. A harsh, rude and arrogant attitude is contrary to the Sunnah. From the Qur'anic advice, we learn how, despite the haughtiness and arrogance of Fir'aun who proclaimed himself to be Almighty, the command was to adopt a gentle approach with him. There is a greater chance of a person accepting and taking heed of the message if it is conveyed with gentleness and wisdom.

Therefore, be gentle with others and invite towards good with wisdom and kind words.

How to Conserve Water During Wudhu

As purity and cleanliness are essential for the validity of Salaah and other acts of worship water plays a central role in Islam. Since Wudhu involves washing of certain body limbs with clean water several times daily, Nabi   urged moderation during ablution.

It is reported that Nabi   used a minimal amount of water of just one Mudd (container measuring 775ml but not more than 1.03 litres in volume) for Wudhu and one Saa' for Ghusl (approximately 4.1 litres). (Sunan Abi Dawood)

STEP 1

use 1lt or less



Aim to use only one litre of water or even less for Wudhu - practice this by using a utensil instead of using the tap

STEP 2

use a small flow



When using a tap, open it just a little to use a small flow of water. Letting water flow freely from the tap wastes water unnecessarily. Turn off the tap between each step. Use only the minimum required amount per step

STEP 3

affix an aerator 50%

Affixing a water restrictor will help save water. Water restrictors - available at most hardware stores - can save as much as 50% of water use.








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Germany to give South Africa R12.5 billion to get away from coal and Eskom's broken grid: report

Germany will give €700 million (R12.5 billion) towards helping South Africa phase out the use of coal, the German delegation at the COP26 climate talks in Glasgow, Reuters reported.

The aim of the funding is to mobilise a total of R130 billion together with the World Bank and private investors to promote developing renewable energy sources in the country, said Maria Flachsbarth, Germany's parliamentary state secretary for development aid.

The money would also be used to expand and modernise electricity networks and help miners deal with the economic consequences of the phase-out there...[READ MORE](#)

Proposed changes to SA IDs

PRETORIA: South Africa's department of Home Affairs (DHA) is working on changes to its ID system to better reflect individual gender.

Under the current system, a South African ID number is a 13-digit number defined by the YYMMDDSSSSCAZ - Date of Birth, Gender and SA citizen status, to name a few.

While it was important to keep certain parts of this system in place, notably those relating to residency, age and security, DHA's chief information officer, Sihle Mthiyane, said that this would include proposed changes to ID numbers in South Africa..[READ MORE](#)

Durban burial records available digitally

DURBAN: Burial records for the Durban area are now digitally available following the introduction of the SmartMun Cemetery Manager software.

The technological tool has been introduced by the eThekweni Municipality to track and store burial information.

According to the city, burial records can now be found within minutes upon request as opposed to the previous longer waiting periods.

The software combines elements of electronic record keeping, workflow management, and built-in checks and balances to make it easier...[READ MORE](#)

SA aiming for full internet access by 2023

PRETORIA: South Africa's communications minister Khumbudzo Ntshavheni is hoping for mass countrywide internet rollout within the next two years.

The head of the Department of Communications and Digital Technologies wants to see a predominately digital economy by the year 2023.

Addressing a BRICS meeting this week, she said: "Where we are to date, we are considering a program to fast track the connection of all South Africans or to ensure that all South Africans have access to an internet connection within the next 24 months...[READ MORE](#)

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DUA-UL-MAREEDH

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Method Of Performing Sajdah

Sajdah (prostration) is the ultimate position of humility for a Believer. In Sajdah, the highest part of the human body, where the intellect resides, meets the ground. The position of Sajdah is the climax of Salah.

Nabi ﷺ said, "The nearest a slave comes to his Rabb is when he is prostrating, so increase dua (in this state)." (Muslim)

A number of errors are found when people make Sajdah in Salah. To acquire maximum benefit from this posture, Sajdah must be performed correctly.

Hazrat Anas ibn Malik ؓ narrates that Nabi ﷺ said, "Be straight in prostration and let none of you put his forearms on the ground like a dog." (Bukhari, Muslim)

Hazrat Abdullah bin Abbas ؓ narrates that Nabi ﷺ said, "I have been commanded to

make Sajdah upon seven limbs: the forehead (along with the tip of the nose), both hands, both knees, and (toes of) both feet ..." (Bukhari, Muslim)

It is important to make Sajdah by ensuring that the forehead, nose, palms, knees and toes are touching the ground. The elbows should not touch the ground in Sajdah.

Ensure that the toes are kept on the ground, facing the direction of the Qiblah. If the toes are off the ground in Sajdah, it could lead to the Salah becoming invalid.

We should try to improve our Salah by referring to our Ulama and also referring to authentic books of Salah to help us correct our postures and our Salah in general.

(NB. The above method is for males/Hanafi)



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LATEST RELEASE

Nabi ﷺ said:
"The best of you is he who learns the Noble Qur'an and teaches it." (Bukhari)

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Hazrat Sa'd bin Mu'az



Name: Sa'd bin Mu'az Al-Ansari Al-Ash-hali Al-Awsi

Mother's name: Kabshah (RA)

Title: Sayyidul Ansar (Leader of the Ansar)

Islam: He accepted Islam between the first and second pledge of Aqabah

As a result of him accepting Islam, Banu Abdil Ash-hal (his tribe) accepted Islam. They were the first tribe to accept Islam from the Ansar. Nabi ﷺ gave him the title of Sayyidul Ansar.

He participated in Badr and Uhud and remained close to Nabi ﷺ in these battles. He was struck by an arrow in a vein in the battle of Khandaq which caused him a severe injury. The blood flowed from this wound continuously until he passed away after a month.

Virtues

Hazrat Abu Sa'eed Al Khudri ؓ narrates that when the Banu Quraizah had agreed that Hazrat Sa'd bin Mu'az ؓ shall decide regarding their fate (after the treachery in Khandaq), Nabi ﷺ sent for him. He arrived on a donkey. When he came close to the Masjid, Nabi ﷺ said to the Ansar, "Stand up for your leader or the best of you." (Bukhari, Muslim, Abu Dawood)

Hazrat Bara ؓ narrates that Nabi ﷺ was gifted a silken cloth. The Sahabah ؓ liked it especially due to its softness. Nabi ﷺ said, "Do you all like it? Verily the handkerchiefs of Sa'd bin Mu'az ؓ in Jannah one better than this." (Tirmizi)

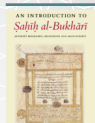
Hazrat Anas bin Malik ؓ narrates that when the Janazah of Hazrat Sa'd bin Mu'az ؓ was picked up, the hypocrites said, "How light is his Janazah" ... this information reached Nabi ﷺ. He ﷺ responded, "Verily the angels were carrying it." (Tirmizi)

Demise: Zul Qa'dah 5 A.H. aged 37. He was buried in Jannatul Baqi. A group of Sahabah ؓ narrate Hadith from him.



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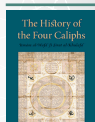
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The Fatwa Department receives an average of 250 questions per month - mostly via email - from around the globe.

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Q&A

Q Is it permissible to take the monthly Sassa child grant money and Sassa pension money?

A One may avail of such grants from the government, if eligible to receive it.

Q Did Hazrat Maulana Rasheed Ahmad Gangohi (Rahimahullah) state that Allah speaks lies?

A Hazrat Maulana Rasheed Ahmad Gangohi (Rahimahullah) has not written this statement anywhere. This is an allegation against him and fabricated by his detractors. Many refutations are written on this and similar accusations levelled against the elders of Darul Uloom Deoband. One may refer to the many detailed books written to clarify these allegations.

Q Is it permissible to wear silk garments?

A Wearing garments of silk is prohibited for males and permitted for females. Hazrat Abu Moosa Al Ashari ؓ narrates that Rasulullah ﷺ said, "Silk clothing and gold (jewellery) are prohibited for the males of my Ummah, but permitted for the females." (Tirmizi #1720)

COMBATTING ABUSE & VIOLENCE AGAINST WOMEN

South Africa has one of the highest rates of Gender-based violence (GBV) in the world. Many sisters are victims of emotional abuse. Whilst the scars of emotional abuse may not be visible, some survivors even describe it as being worse than physical abuse.

SIGNS OF EMOTIONAL ABUSE

- Constant criticism and being made to feel worthless
- Gaslighting- making one disbelieve reality and question facts
- Being made to feel guilty and sinful for mistakes that the victim didn't cause
- Threatening a person's safety, property or loved ones

Relationships should be built on mutual kindness, respect and love for Allah (SWT). **"And treat them (your wives) with kindness."** (S4 - V19)

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Smoking Vape

Q Is the smoking of vape haram? Also will the buying and selling of these products be considered as a Halal business/income?

A Just as smoking cigarettes and selling them cannot be deemed absolutely haram (prohibited), the smoking of vape and its sale is not regarded to be absolutely Haram. However, the sale and consumption of such products are regarded as Makrooh (disliked) and not the best form of income, and is best avoided.

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Road Safety

Road users have rights and responsibilities towards each other.

Muslims must display etiquette and courtesy on the road. Some tips to follow are:

1. Never text whilst driving - it's like driving blindfolded - Using a cellphone whilst driving is highly distractive
2. Be alert of other motorists, cyclists and pedestrians
3. Keep safe driving distances
4. Take regular breaks and don't drive if tired
5. Ensure all passengers buckle up including babies in child safety seats
6. You are not the only one on the road. Respect other users, don't be hasty and give way where you can
7. Recite your travel duas, ayatul kursi and make zikr whilst driving

The Holiday Season

The holiday season is here. While on vacation, Muslims tend to become unmindful of their identity and duties towards Allah Ta'ala. Let's always be mindful of the following:

Uphold your Muslim identity at all times (dress code, behaviour, honesty etc.)

Be punctual with the five daily Salah - even on a journey

Guard against all forms of immodesty and shameless activities

Lower the gaze - especially in public places like malls, beaches, etc.

Be alert and conscious about the Halal status when eating-out or purchasing food.

It's the year-end - Don't be caught off guard

Dear Parent

- The academic year-end is a time when many learners plan for a 'party bash' to end the year in a celebratory mood. Haram & illicit entertainment - alcohol, drugs, sexual activities, etc. are the main attractions.
- An innocent braai or party could be an occasion for alcohol and hard drugs like cocaine, etc. to be introduced, turning your son/daughter into a drug addict.
- Drag racing and speeding on the roads at 'breakneck' speeds with a group of 'wild'

friends - where the possible risk of an accident may claim lives or leave permanent injuries to your child.

- Your child could be a victim of rape - since these parties are synonymous with sexual activities, many have fallen prey to rape and subsequent suicide

Parents are requested to please take responsibility. Communicate and interact positively with your child. Create good alternatives to occupy your child. Make regular dua for protection and success of your child.

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Whats Happening at Darul Ihsan

Third Darul Ihsan caregiver training centre opens

KWAZULU-NATAL: Darul Ihsan has expanded its Caregiver Course to a third training centre that is now based out of Pietermaritzburg.

The eight-week programme offers ongoing support to those seeking placement in family homes and facilities where they are able to serve those in need.

Established training centres already exist in Overport and Newlands groups of ten learners, Muslim and non-Muslim from all backgrounds, are provided an opportunity to empower themselves through the course.

The new Pietermaritzburg facility has been opened on Failsworth Road, Northdale.

Like the other two centres, it is being facilitated by a qualified nurse with extensive experience of health care. Sister Farzana Essa is overseeing the programme on behalf of Darul Ihsan on the ground in Pietermaritzburg...[READ MORE](#)

Darul Ihsan does food parcel distribution

DURBAN: Darul Ihsan continues to assist some of those members of the community that are still feeling the aftershocks of July's unrest.

A total of 440 locals in Shallcross, Chatsworth, Seaview and Effingham Heights were recently provided with food parcels to help them with their basic day-to-day food requirements.

Most of those receiving aid lost their jobs during the week-long chaos that witnessed unprecedented scenes of looting and destruction that cost the South African economy billions of rands in damage and theft.

The assistance from Darul Ihsan in these areas is not just restricted to Muslims, but those non-Muslims that have been left without jobs as well...[READ MORE](#)

Darul Ihsan donates more than 600 books

DURBAN: Darul Ihsan Humanitarian Centre has helped establish three micro-libraries with an estimated 450 books at two Madrasahs.

Through the Al Ihsan Micro Library project, the organisation has been promoting authentic reading material for rural and under-privileged institutes.

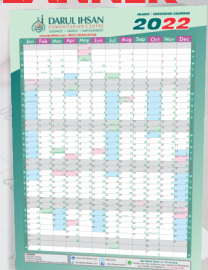
The latest Madrasahs to have benefitted are based in Stanger and Umzinto in the coastal regions of KwaZulu-Natal...[READ MORE](#)

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Darul Ihsan 'Feed A Patient' team spends day in Pietermaritzburg

PIETERMARITZBURG: Darul Ihsan recently spent the day at Northdale Clinic in Pietermaritzburg where it executed its Feed-A-Patient programme to those attending an open day that was held at the medical facility.

A total of 200 snack packs were distributed to visitors, while the organisation also handed out 150 blankets to those in dire need that made their way to the clinic.

Darul Ihsan assists clinics, like the one in Northdale, on a weekly basis where they distribute snack packs.

Open days are slightly different, though, with all the different departments coming together and availing themselves to the public where they explain their different roles and responsibilities - all in a bid to provide clearer direction to those that regularly use the centre.

The function was attended by senior staff of the Northdale Clinic...[READ MORE](#)

Charity Shop opened by Darul Ihsan – a first for the community

DURBAN: In a ground breaking development, Darul Ihsan has opened the first charity shop in Overport, Durban this past week.

The Al Ihsan Charity Shop, a community initiative with an Islamic ethos, aims to benefit the local community by providing goods at an affordable price.

The store currently stocks items like crockery, plastic ware and ornaments, clothing, purses and handbags - to name a few.

The Al Ihsan Book & Gift store will also open shortly at the same site providing a range of Islamic books and Islamic items that can be conveniently purchased in Overport.

“Alhumdulillah, our plans to get a charity shop off the ground have finally come to fruition,” the organisation’s Moulana Ahmed Kathrada said...[READ MORE](#)

Braai-ing with Darul Ihsan – Empowerment with a difference

DURBAN: Darul Ihsan launched its first open fire empowerment course last Saturday (13 November) where participants were taught how to prepare a braai and the meat that goes with it.

The course, hosted by renowned restaurant and hospitality expert Farouk Haffeejee, caters for a maximum of 15 people and is run over two days.

The first part of the program familiarises attendees with the techniques of charcoal, how to light it, the quantity and the temperature...[READ MORE](#)



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Morning and Evening Duas

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DUAS

First fruit of the season

اللَّهُمَّ كَمَا أَرَيْتَنَا أَوَّلَهُ أَرِنَا آخِرَهُ

O Allah! just as You have shown us the first of it, allow us to see the last of it.

اللَّهُمَّ بَارِكْ لَنَا فِي ثَمَرِنَا، وَبَارِكْ لَنَا فِي مَدِينَتِنَا وَبَارِكْ لَنَا فِي صَاعِنَا، وَبَارِكْ لَنَا فِي مَدَنَّا

O Allah! Grant us Barakah (blessings) in our fruit, in our city and in our food that is measured and weighed.

Dua for protection of one's Deen, Life, Offspring, Family and Wealth

Recite thrice every morning and evening

بِسْمِ اللَّهِ عَلَى دِينِي وَنَفْسِي وَوَلَدِي وَأَهْلِي وَمَالِي

I invoke the blessings of Allah on my Deen, I invoke the blessings of Allah on my life, I invoke the blessings of Allah on my children, I invoke the blessings of Allah on my family, I invoke the blessings of Allah on my wealth.

(Kanzul Ummal)

Entering the market place

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَقْدُ يُحْيِي وَيُمِيتُ وَهُوَ حَيٌّ لَا يَمُوتُ بِيَدِهِ الْخَيْرُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Translation: "There is none worthy of worship besides Allah, He is alone, without partner, to Him belongs the entire Kingdom and all praise. He gives life and causes death, and He is living and does not die. In His hand is all good and He has power over all things."

Virtue for the reciter: Allah will wipe a million sins from his record and grant him a million good deeds, and will elevate him a million ranks - and in another narration will build him a house in paradise. (Tirmizi)

Congratulating a newly-wed

بَارَكَ اللَّهُ لَكَ وَبَارَكَ عَلَيْكَ وَجَمَعَ بَيْنَكُمَا فِي خَيْرٍ

May Allah bless you and shower His blessings on you, and unite you both in goodness.

(Abu Dawood)

TAP-A-TAINER

Darul Ihsan Humanitarian Centre launches its latest water provision project. A 25 litre hygienic container with a tap to access clean drinking water. Ideal for clinics, schools, ablution blocks and homes.

Contribute now & make water accessible



R100



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SUICIDE A path to destruction



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KZN UNREST BUSINESS RESTART: REPORT BACK #10

Darul Ihsan continues with the Business Restart Project of funding businesses that were looted/destroyed in the recent KZN unrest. After completing necessary due diligence, **46 SMMEs** have been assisted thus far, to restart trading.

We request a special dua for their success in rebuilding their businesses.

Please support this ongoing initiative.

CONTRIBUTE GENEROUSLY and earn your share in the great rewards

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Name: Darul Ihsan Centre
Relief: 62134947144
Section 18A tax certificates issued
Email: finance@darulihisan.com



Deep appreciation to the generous donors who contributed in this hour of need.

جِوَاللّٰهُ خَيْرٌ

Call/Whatsapp: 084 401 1527

Email: relief@darulihisan.com

Sadaqa Jariya

Darul Ihsan offers many projects from which one can benefit perpetually (Sadaqa Jariya)

1. Quran Desk - R33
2. Family Dastarkhan - R40
3. My Travel Musallah - R40
4. Zikr @ Home - R45
5. My Madrasah Bag - R45
6. Gift a Quran - R50
7. Sponsor a Jubba & Hat - R50
8. Sponsor a Burka - R60
9. Patient Pack - R75
10. My School Bag - R85
11. Tap-A-Tainer - R100
12. Birdbath - R150
13. Kafan - R200
14. Masjid Dastarkhan - R200
15. Gift Pack of Books - R500
16. Fanfold Display Unit - R700
17. Isaale Sawaab Set - R1,200
18. Literature Collection Unit - R1,500
19. Al Ihsan Micro Library - R3,000
20. Sponsor a Student - R12,000
21. Borehole - R98,000



Banking Details:

FNB Account Name: Darul Ihsan Centre
Lillah/Sadaqa: 62134947144

Dining at a restaurant that serves alcohol

It is imperative for a Muslim to purchase and consume food that is Halaal, pure and wholesome. Halaal consumption is a critical requirement for the protection of Imaan (faith) and spiritual progress. Islam deplores impermissible consumption to the extent that dining at a place where alcohol is served is detested.

In a narration Hazrat Jabir رضي الله عنه reports that Rasulullah ﷺ said: "...And whosoever believes in Allah and the Last Day should not sit at a table where alcohol is being served" (Tirmizi). This narration is corroborated by narrations in Sunan Abi Dawud, Sunan Nasai, Musnad Ahmad, Mustadrak Hakim and Sunan Darimi.

The directive in this particular teaching is that Muslims should be fully conscious of not

only what is consumed but also about the venue. Carelessness with what is prohibited opens the gate to do the unlawful. Allah Ta'ala says, "And do not incline towards the wrongdoers, lest the Fire should afflict you, and you shall have no supporters other than Allah, then you shall not be helped." (Surah Hud, Verse 113)

The unfortunate reality is that Muslims frequent eateries where alcohol is served with the assumption that they are consuming the food and not the prohibited drink. This is also a disservice to Islam as we are portraying a negative image of Muslim practice.

The divine injunctions in this regard should be adhered to when deciding where to eat. Uphold one's identity and values and do not eat where alcohol is served.