













Gem Towers, 98 Overport Dr, DBN 53 Joyce Rd, Sea Cow Lake, DBN

# **Turbulent Times!** The Solution

—uel hikes, power cuts, civil unrest, soaring food prices, water shortages, crime and violence have become the order of the day. These crises have created an environment of uneasiness, tension, fear and anxiety.

The general response to these problems is to blame the economy, crime, corruption and politicians. However, a Muslim whilst remaining aware and alert to the 'on the ground' realities in his community should be aware that the Supreme Controller of everything - Almighty Allah is in charge. The Believer assesses the unfolding of all events based on the principle of consequences of deeds, action and reaction. Honest reflection informs us that man is not truly grateful to his Creator - " Verily man is ungrateful to His Creator" (Surah Aadiyaat - Verse 6)

There is a prevalence of disobedience, vice, ingratitude, pride, arrogance, dereliction of duty, usurpation of rights, oppression, extravagance, waste, and a host of societal ills that have now become the order of the day.

The remedy lies in realisation, repentance, reformation and The qualities of rectification. humility, simplicity, patience and gratitude must be developed. "Verily Allah will not change the condition of a nation until they change themselves." (Surah Ra'd Verse 11)

'...Pray to your Lord for your forgiveness - indeed He is Most-Forgiving and He will cause the heavens to rain upon you in abundance and will bestow you with wealth and progeny, and will cause gardens to grow for you, and cause rivers to flow for you." (Surah Nooh - Verses 10 to 13)

Individual and collective repentance should be done vigorously. This will draw Allah Ta'ala's mercy and save us from punishments and calamities. The method of repentance is to truly regret over the sins committed, seek forgiveness with humility, firmly pledge not to commit sins in future and to seek ways of reformation.

It is recommended that every Muslim should recite Istighfar throughout the day and Durood throughout the night, as much as possible.

In these trying times we ask Allah Ta'ala to grant us guidance, make us obedient, bring about peace and stability in our land.

### Ramadan in History

Nabi # witnessed nine Ramadans after migrating from Makkah to Madinah. In the nine Ramadans some important events took place:

Fasting was made compulsory in the second year of Hijrah

Nabi # experienced six military expeditions; including the Battle of Badr

Nabi # gave the hand of Faatimah (RA) in marriage to Ali (RA)

Nabi # married Hafsa bint Umar (RA) and Zainab bint Khuzaimah (RA)

Nabi 🗯 daughter Ruqaiya (RA) passed away

The major idols of the pagan Makkans were destroyed

Masjid al Dhirar (Masjid of Mischief) was destroyed

Nabi # received delegations from across the Arabian Peninsula

(Ma'a Rasul Fi Ramadaan by Shaikh Athiyah Muhammad Salim)

# If only the entire year was Ramadan...

he month of Ramadan cannot be compared to anything in terms of spiritual benefit and reformation. It is reported in a Hadith, "If people only knew the true value of Ramadan, they would wish the entire year to be Ramadan." (Ibn Khuzama)

Only an unfortunate person will squander the opportunities of this extraordinary month. A wise person will maximize these opportunities and earn the mercy and forgiveness of Allah Ta'ala that we are all so direly in need of.

Ramadan engages us spiritually through the fast of the day, the Taraweeh at night, long vigils of the last ten nights, giving charity and displaying warmth to others, eagerness to learn and improve our faith, heightened levels of patience and tolerance and a desire to seek from the unlimited treasures of the Almighty. The ultimate goal of this toil is to attain Taqwa. Taqwa is the ability to be constantly conscious of Allah Ta'ala in a manner as to never deliberately disobey Him.

Ultimately the month of Ramadan is here to teach us the lesson of life. A person who spends Ramadan in a purposeful manner, making full use of every moment and avoiding all acts of vain and futility, enjoys real satisfaction and fulfilment on the day of Eid.

Similarly, one who spends his entire life like Ramadan will enjoy the fulfilment and satisfaction of his toil at the time of death. The joy of this 'Eid' will be everlasting and perpetual.

May Allah bless all Muslims with a fruitful Ramadan and a joyous Eid.

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Ramadan 1440 / May 2019

### Al Ihsan Times

# **Taqwa** The mainstay of a Believer

you who believe! fasting is prescribed for you, as it was prescribed for those before you, so that you may guard (against evil). (2:183)

From this verse we learn the purpose of fasting is to acquire Taqwa.

### What is Tagwa?

Tagwa essentially is to abandon sins and return to obedience of Allah.

Moulana Ashraf Ali Thanwi (RA) mentioned that the Haqeeqat (reality) of Taqwa is for Tayaqquz (alertness) to be created in all facets of life. This means that one should ponder upon every step whether this is for Allah or for the nafs (ego) or how much is for Allah and how much is for the self.

### There are 5 levels of Tagwa

- Avoiding shirk
- Avoiding sins
- Abstinence from doubtful things
- Avoiding futile activities (la

Although the final level of Taqwa is usually achieved by the special devoted servants and special friends of Allah, it is undoubtedly achievable based on the individual's efforts and sacrifices. One of the



merits of Taqwa mentioned by Hazrat Umar 🐞 is to 'Consult in your affairs those who fear Allah." (Al-Musannaf ibn abi Shaibah)

Spiritual mentors prescribe, the best way to attain Taqwa is to truthfully and sincerely befriend a personality with Taqwa.

### Some benefits of Taqwa mentioned in the Qur'an,

- 1. For those who have Taqwa there is triumph (Paradise). (78:31)
- 2. O you who believe! If you fear Allah, He will grant you a criterion (furgan) and will remove erase your misdeeds and forgive you. (8:29)
- 3. And whoever fears Allah, He will make for him a way out. (65:2)
- 4. And He will provide for him (sustenance) from sources he could never imagine. (65:3)
- 5. And whoever fears Allah, He will make for him ease in his matters. (65:4)

# A glance into the life of Ibn Al-Jouzi (RA)

haykh 'Abdur-Rahman ibn 'Ali' ibn Jafar al-Jouzi (Rahimahullah), was born in the city of Baghdad in approximately 1114 CE and grew up studying under the leading scholars of his time, including his uncle, Muhammad ibn Nasir al-Baghdadi (Rahimahullah), a scholar of Hadith, Fiqh and Arabic grammar.

Shaykh Ibn al-Jouzi (Rahimahullah) became an outstanding scholar of the twelfth century especially in the Hadith sciences for which he was titled "Al-Hafiz". He also was noted for his scholarship in the fields of history, linguistics, tafseer and figh. He became the leading scholar of the Hanbali Mazhab of his time and played an important role in reviving and spreading it.

In the year 1179, he had five schools in the capital in which he used to lecture. The number of Ibn al-Jouzi's books reached a staggering total of 376 texts.

Some quotes of Ibn Al Jouzi (RA)

"Sins to a heart are like oil drops on a cloth, unless you wash it immediately and vigorously, it will permanently stain.'

"Sincerity is a perfume hidden deep in the heart, but its fragrance emanates from the person."

"This world is a bridge and a bridge should not be taken as a home."

"Whoever loves that his deeds do not cease after his death, should then spread knowledge."

"Whoever spends his time guarding his money; out of fear of poverty, is already poor!"

"If the heart is sick, the forbidden becomes attractive and obedience of Allah becomes something you look at with contempt."

"Every hardship that does not take you away from Allah becomes a blessing.

"The most ignorant of the ignorant people prefers being rewarded now in this world than later (Jannah)."

### Dua at the time of Elections

ٱللَّهُمَّ لَا تُسَلِّطْ عَلَيْنَا بِذُنُوْ بِنَا مَنْ لَّا يَرْحَمُنَا

O Allah! Do not give authority (to a leader) over us (due to our sins) who doesn't have mercy upon us





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### **World News**

### WHO Forum on Medicines held in Johannesburg

Greater transparency, fairer prices for medicines 'a global human rights issue'

hile developing countries have long struggled with the price of medicines, today's costs have rendered it a world-wide challenge, and the key topic of concern at a global medicines forum in South Africa, co-sponsored by the World Health Organization (WHO).

"This is a global human rights issue," said WHO Assistant Director-General for Medicines and Health Products Mariângela Simão at the WHO Forum on Medicines in Johannesburg. "Everyone has a right to access quality healthcare".

The forum on fair pricing and access to medicines provided a discussion platform for governments, civil society organizations and the pharmaceutical industry to identify strategies to reduce prices and expand access for all.

It also called for greater transparency around the cost of research, development and production of medicines, to allow buyers to negotiate more affordable prices.

According to WHO, the price of outof-pocket medicines each year has pushed 100 million people into poverty. Moreover, health authorities in high-income countries are increasingly having to ration medicines for cancer, hepatitis C and rare diseases. And the problem extends to older medicines whose patents have expired, such as insulin for diabetes.

"Medical innovation has little social value if most people cannot access its benefits," stressed Ms. Simão.

A 2017 WHO report showed that the cost of producing most medicines on its Essential Medicines List was a small fraction of the final price.

Some forum delegates noted that a lack of transparency around prices paid by governments actually translates into many low and middle-income countries paying more for certain medicines than wealthier countries do.

Positive steps forward among other successful examples of countries' collaboration around achieving more affordable medicine prices and information-sharing were Belgium, Netherlands, Luxembourg and Austria.

### 'Stress, overtime, disease, contribute to 2.8 million workers' deaths per year'

ccording to the International labour Organization (ILO) "stress, excessively-long working hours and disease, contribute to the deaths of nearly 2.8 million workers every year, while an additional 374 million people get injured or fall ill because of their jobs."

In a new report underlining ILO's message that no paid work should threaten your wellbeing, your safety or your life, the agency identifies several new or existing occupational risks of growing concern, that affect women more than men.

These include modern working practices overall, world population growth, increased digital



connectivity and climate change, which are believed to account for losses of almost four per cent of the global economy.

These countries yielded promising results by purchasing medicines as a block for a bulk-rate discount.

The forum highlighted WHO's database on vaccine markets and shortages to achieve competitive vaccine prices.

Industry bodies at the forum supported access to medicines for all, and recommitted to the 2030

Agenda for Sustainable Development, which calls for private partnerships to address global challenges, such as access to medicines.

WHO announced that over the coming weeks, it will launch a public consultation online to collect views from relevant participants on what actually constitutes a fair price.



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Ramadan 1440 / May 2019

### Al Ihsan Times

### Spiritual training in Ramadan

ujahadah, which means striving to attain the pleasure of Allah Ta'ala is facilitated through four fundamental practices - viz. to sleep less, eat less, speak less and socialise less.

### These 4 exercises form part of the intensive routine of Ramadan

- 1. Eating less: Starving the stomach is starving the Nafs. But the wisdom in our fast is that it starts with a meal and ends with a meal. Continues fasting for 24 hours or more would be detrimental to our health, resulting in weakness rendering us unfit for Ibadah (worship).
- 2. Sleeping less: this aspect is covered during the nights of Ramadan when we engage in Taraweeh salah, as well as when we are up early at Sehri or Tahajjud time. We disturb our sleep patterns for the pleasure of Allah.
- Speaking less: it is generally not recommended to continuously remain silent all the time and do nothing. So we are encouraged to

do individual ibadah in Ramadan in the form of Tilawah and zikrullah. The objective is to minimise conversations.

4. Socialising less: At times we lack in our duties towards Allah because of over socialising. Hence, during Ramadan this exercise could be experienced through l'tikaf. During l'tikaf one socialises less and devotes time to Allah.

In all these exercises the ultimate goal is to achieve the pleasure of Allah Ta'ala. Merely stressing upon Mujahadah (striving) without pleasing Allah Ta'ala is futile. Enduring hardship is not the goal. Hazrat Maulana Thanwi (Rahimahullah) likened these exercises to a medical remedy administered by a doctor. The purpose is to restore health and functionality. These acts are not viewed as objectives or virtuous in themselves, but serve as catalysts to perform good deeds and excel in them.

In this way our beautiful Deen has created balance, moderation and simplicity in our worship and daily

(Nasai/Abu Dawood)

# 10 Quick Steps to Ramadan

Constantly ask Allah Ta'ala for ability (tawfeeq) to benefit from the blessings of Ramadan daily. This should begin in earnest from now.

Make a firm determination to abstain from all forms of sin and vice and to avoid frequenting places where sin is committed. Special care should be taken to abstain from the vices of the eyes, ears and tongue as these are the tributaries to the heart and mind.

Try to lessen ones mundane engagements and free one's time for solitude, prayers and company of the pious Ulama.

Make a point of dedicating some time of the day or night to sit in the company of pious Ulama and seek their advices and counsel.

Utilise the auspicious month of Ramadan to build and imbibe the Sunnah lifestyle. Memorize Masnoon Duas for particular occasions and recite them with regularity.

Use and manage one's time in a frugal manner. Free oneself from frivolities, futile

discussions and activities and occupy oneself in the service of others and in seeking Islamic knowledge.

Start reading books and articles on the Ramadan of our pious Ulama and seniors. In this there is ample motivation.

Become cognisant of the actions of the heart. Do everything with a clear intention and purpose.

Cleanse oneself from the harmful traits of anger, arrogance, vulgar speech, hatred and ill feelings for others. Develop patience, humility, gratitude and sincerity.

Adopt a practical timetable for one's activities and remain steadfast upon it. Consult with one's Shaykh or Mentor in this regard.

If these brief guidelines are adopted with zeal and sincerity there is great hope that Allah will bestow one with the true rewards of Ramadan and facilitate a bond with His servant for life

On behalf of Darul Ihsan we wish the Muslim Ummah a spiritually rewarding Ramadan.

Sri Lanka Bombings

Darul Ihsan Humanitarian Centre's statement of condemnation

he horrendous terror attacks this Easter weekend in Colombo, Sri Lanka on churches and hotels, resulted in the death and injuries of several hundred people. The extent of devastation is too ghastly to describe. Darul Ihsan Humanitarian Centre condemns this horrific massacre in the strongest terms.

These attacks on worshippers, in places of worship, suggest that the perpetrators aimed to maximize loss of life and create chaos, anarchy and polarisation. Places of worship should never be made targets of attack. Recently the terror attacks on mosques in New

Zealand and the synagogue in Pittsburgh, received global condemnation. It is most unfortunate that now churches have been targeted, which deserves condemnation from all peaceful people around the world.

Our condolences go out to the loved ones and families of the victims. The cowardly perpetrators of these merciless acts must be arrested promptly and brought to justice swiftly.

Darul Ihsan Humanitarian Centre offers a humble prayer for peace, safety, guidance and justice for our troubled world.



Dua During Unrest

ٱللُّهُمَّ إِنَّا نَجْعَلُكَ فِي نُحُوْرِهِمْ وَنَعُوْذُ بِكَ مِنْ شُرُوْرِهِمْ

O Allah, we make You our shield against them, and take refuge in You

from their evils.

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## Guarding the tongue

The Sunnah teaches us to guard our tongues by speaking gently, truthfully and politely. Speech is a reflection of the character of a person and says much about who we are. It is an extension of what is in the heart.

Our beloved Nabi 🍇 was an example of the best speech and character. Nabi 🍇 never shouted, or used vulgar language. He was not abusive to anyone and spoke with dignity and integrity.

Regrettably, today, people speak loosely to their parents, teachers, elders, spouses, employees, students and fellow humans. Shouting, screaming, harshness and vulgarity has become common. Some make derogatory and racial statements about others, sometimes publicly.

More dangerous and problematic is when people publicly make irresponsible and derogatory remarks about fellow Muslims. This is contrary to the teachings of the Qur'an and Sunnah and serves to sow division in the Ummah.

The Noble Qur'an warns us not to label people and to avoid causing hurt and offense to others. In Surah Hujurat, the Qur'an advises us, Do not ridicule people - Do not insult one another - Do not label each other with offensive names - Do not backbite about each other. (Surah Hujarat)

Hazrat Abu Hurayrah 🐞 narrates that Rasulullah & said, "Whoever believes in Allah and the last day, should speak only that which is good or remain silent." (Sahih Bukhari)

These are the beautiful teachings of Islam that serve to create harmony and cohesion in a community.

# Library & Research Centre

- Darul Ihsan maintains an Islamic Library at its Sea Cow Lake, Overport and Starwood offices.
- Classical and contemporary works can be accessed from the library in English, Arabic and Urdu. Sections include Fiqh, Seerah, History, Hadith, Tafseer, Aqaaid, Education, Tasawwuf and general information.



Members of the community, students and scholars are welcome to utilise the library for research purposes by prior appointment with the Centre.

# Learn the deen

'Learn the Deen' is a course offered to All Muslims who wish to learn the basics of Islam. The programme orientates learners towards developing a practical way of life.

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### **Classes for Professionals**

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### Females

Saturdays - 8:00 to 10:00 171 Sparks Road, Overport

### **Females**

Mondays - 10:00 to 12:00 57 Joyce Road, Sea Cow Lake

Mondays/Tuesdays - 9:30 to 11:30 500 Point Road, South Beach

Mondays/Thursdays/Saturdays 9:00 to 12:00 128 Castlehill Drive, Newlands West

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Wednesdays - 10:00 to 12:00 171 Sparks Road, Overport (Corner of Cannon Avenue)





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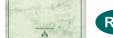


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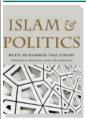


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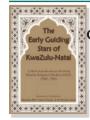




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contribution and reap great rewards.

Ramadan 1440 / May 2019

# **Collection of Kajoor Pits**

o encourage Zikr of Allah at home, Darul Ihsan Centre is presenting a Zikr container that includes +/-360 treated kajoor pits, a cloth (to place the

### Durban

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beads on) and a laminated card of the prescribed duas.

This project is known as "Zikr @ home" and is ideal for families and businesses.

### Johannesburg

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We call on you to please accumulate your kajoor pits this Ramadan and forward to/call Darul Ihsan offices.







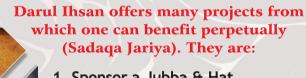




# Sadaqa Jariya

Nabi & Said: "The deeds for which a believer continues to receive their rewards are:

1. Knowledge which he taught and spread, 2. Pious children which he left behind, 3. A copy of the Quran which he left as a legacy, 4. A Masjid which he built, 5. A residence for travelers, 6. A canal which he dug, 7. Charity which he gave during his life and in good health." (Mishkaat)



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# **Media Desk**

he Media Desk contributes local, national and international news articles for the website and also focuses on news content of the Muslim world.

Letters commenting on broad issues are also regularly sent to the editors of newspapers

Below are a few letters which were sent by the Media Desk and published in newspapers.

Bias and negative reporting against Islam has become a very real phenomenon in the media, especially in the international press.

Al Ibsan Times

The Darul Ihsan Media Desk primarily monitors the media for Islamaphobic (anti-Islamic) comments and anti-Islamic sentiments made in the mainstream media and interacts positively with media portals conveying the Islamic perspective.

Thursday, March 7 2019 | THE MERCURY

### Midmar overflow no reason to waste water

THE article "Midmar overflows - first time in a year" (The Mercury, March 1) refers.

The overflow of the Midmar Dam is indeed good news for consumers. However, water conservation measures need to be entrenched in our psyche.

The positive situation is due to the effective catchment of good rains.

However, all need to be absolutely aware that water is precious and not unlimited. Any wanton use may result in the application of water restrictions. DARUL IHSAN HUMANITARIAN CENTRE Overport

LETTER TO THE EDITOR

### Murder rate of SA's women up by 117%

of SA's women up by our country that the murder 117%" The Mercury, and rape of women has Thursday, 21 June 2018 "almost been normalised" refers.

It is absolutely alarming that according to the report by All role players in our country Statistics South Africa - "the - the government, NGO's double-digit percentage."

The mind-set expressed in the report that "violence against the country's women had almost been normalised" and "both men and women to be protected, valued and generally believed beating a cherished. woman was justified" is a mind-set of a society with

he article "Murder rate The situation which exists in

murder rate of women shot up education and health by a shocking 117% between departments, welfare and 2015 and 2016/7." Further, it religious organisations, etc., is equally alarming that etc. need to rally together in a sexual crimes against women concerted drive and address also increased by a shocking this scourge in our society and create a heightened awareness of correcting a perverse mentality which exists towards women.

Darul Ihsan Media Desk

Visit our website for the latest news and letters to the editor www.darulihsan.com



# AL IHSAN – A project of Darul Ihsan Humanitarian Centre

Help Darul Ihsan to promote reading in our Madrasahs and community!

Darul Ihsan has launched the Al Ihsan Micro Library project and invites you to Sponsor a Micro Library, which will be placed in Madrasahs, especially in underprivileged communities.

Our initial target is to provide 100 micro libraries with your kind support, Insha Allah. Earn Sawabe Jariyah by supporting this noble initiative.



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Al Ilpsan Times Ramadan 1440 / May 2019



# Unemployment is currently at 26% and growing at a staggering rate

We need to be proactive and find ways and means to create and find jobs



# **Marriage Registration**

he Darul Ihsan Centre offers a free service of registration of marriages in accordance with the South African Marriage Act. In terms of the Act, for a marriage union to be recognised and legal, the marriage must be registered by any office of the Department of Home Affairs, or court or an authorised marriage officer appointed by the Department of Home Affairs.

Two Ulama at the Center, Mufti Zubair Bayat and Moulana Ahmed Kathrada are registered Marriage Officers (MOs) and are able to register marriages in accordance with the Marriages Act.

### PROCEDURE:

For marriage registration purposes, the following requirements must be adhered to:

a) An Ante-nuptial Contract excluding the accrual system must be drawn by an attorney. Cost in drawing up an ANC Contract may vary (You may contact Darul Ihsan for advice).

- b) Both spouses must be South African citizens (possessing the green coded ID Document). Marriage officers are not permitted to register a marriage of any one or both spouses being of foreign origin. In such a case, only the Home Affairs may register the marriage.
- c) In the case where any one or both spouses being married (registered) previously, then a court decree of divorce must be produced.
- At the time of registration, the following documents are required:
- a) Both spouses must be present with the original ID documents.
- b) Accompanied with three passport size photos of each spouse.
- c) First page of the ANC Contract identifying the Protocol No.

In order to fast track the procedure, a "Marriage Registration Details" form is emailed for completion, thereafter a date is fixed for the actual registration. This Form is downloadable from Darul Ihsan's website.

### **Should Muslims Vote?**

any Muslims live as minorities in countries around the world. In many of these countries the law of the land allows Muslims to practice Islam in an unhindered manner.

Muslims the world over subscribe to the pure belief of Islam that include total trust and reliance in the Qudrat and Power of Allah Ta'ala - who is All Knowing and All Wise and controls all affairs and events. The core purpose of a Muslim is to learn, establish, practice and promote the true values and beauty of Islam to the world.

Whilst keeping our core purpose in mind, Muslims must be cognisant of the environment they live in and people they live with. There is no doubt that whilst Muslim minorities do enjoy privileges of the land they live in, they are faced with many challenges. These challenges are the making of laws and policies that are enacted by the law makers who are elected by the public.

In view of this, the issue of voting in a non-Muslim democratic country is an often debated in Muslim circles. What guidelines should a Muslim follow in terms of voting or participating in political activity?

Generally, a candidate that stands for election does not undertake to uphold or establish the laws of Islam or any other religion for that matter, but rather the candidate undertakes to advocate for better public services, stand for justice, good values, safety and a better quality of life for all.

For Muslims, these issues are significant in terms of establishing

Islamic centres of prayer, educational institutes, allocation of burial sites, consumption of Halaal, and general practices of Muslims in terms of identity, dress, travel and trade, etc. Political participation and affiliation of Muslims in the community has a bearing on local and global issues, like Palestine and the oppression of Muslims in other parts of the world.

Voting for a party or particular candidate does not necessarily mean that one agrees with all the beliefs, ideologies and opinions of the party or person, rather the idea is that the candidate/party will be able to influence good governance and secure civil rights.

However, at times a party or candidate could have a position that is untenable and irreconcilable with Muslim values. In such a situation, one should ascertain the advantages, disadvantages, outcomes and consequences and accordingly apply one's right to vote.

Therefore, to vote for a particular candidate or party in such countries will be permissible and will not be considered an act of disbelief or sin.

### The candidate should be one of:

- 1. integrity who is qualified to hold public office
- shall act in the best interest of the citizens
- 3. peace, justice, tolerance and respect for all
- 4. sound and correct values who endeavours to promote humanity

### **Annual Iftar Provision**

Iftar arrangements are made for certain venues in the greater Durban area such as Lindelani, Westrich, Newlands East, etc. where a genuine need exists. The Iftar is served as a complete meal that includes savoury platters and other delicacies. This is a great opportunity to feed the fasting and reap the rewards that are promised

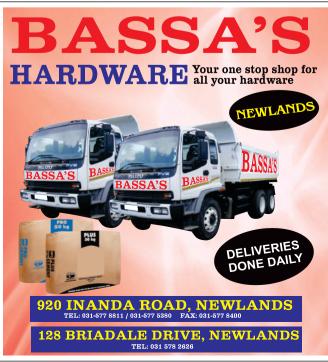




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# Q & A

I would like to know that if a mother is breastfeeding, is it mandatory to fast during Ramadan or can she leave out the fast of Ramadan?

She should try her best to keep the fast. However, if she cannot manage then she will be excused for not fasting now.

A pregnant/breastfeeding woman (or anyone else due to sickness or any other reason) who is unable to fast should make up for the fast when she is in the position to do so. Only those who have no hope of ever fasting like the very old, chronically terminally ill, pay Fidyah (expiation) for missed fasts. Others who may have been excused for not keeping the fasts will have to make Qadha (make up the missed fasts) when they are in the position to do so.

Therefore, she will have to make Qadha for these missed fasts whenever she is able to keep these fasts. It is however advisable to make a bequest that if these Qadhas are not made in her lifetime, then Fidyah should be given on her behalf.

If a lady is fasting in Ramadan and during the day she gets her Haiz (menses) must she remain as a fasting person or break

her fast? If she becomes clean during the day in Ramadan for the rest of that day can she eat or must she act like a fasting person?

One does not have to act like a fasting person and may eat discreetly when the Haiz starts while fasting. However, on the day one becomes clean and attains purity from Haiz then one should act like a fasting person and not consume anything.

I wanted to know if a person is fasting and the smell of onions are so strong that while cutting it goes into the throat will it break the fast?

Mere smell and odour of the onions going down the throat does not break the fast.

What is the status of a fast if one has to use the e-cigarette or vape while fasting?

If one were to intentionally and deliberately inhale the substances from an ecigarette or vape and the ingested content goes down the throat, then one's fast would become invalid and Qadha is necessary.

What is the ruling with regards to a person who had given money in charity, but later on decided to make an intention that it is Zakah, if:

1) The money is still in the recipient's possession.

2) The money is no longer in the recipient's possession.

If the person was a deserving recipient of Zakah then as long as the money given is still unused and in the possession of the recipient then the intention for Zakah can be made. If the money is no longer in his possession, then the intention of Zakah cannot be made.

Do I pay Zakah on white gold?

Since white gold contains a majority content of gold, it is Zakatable. We advise that you contact your local jeweller for the value of the white gold you possess. You may then add it to your other Zakatable assets.

If Mr. A is Zakatable but Mr A owes me R 3000. Can I write the amount of R 3000 of as a Zakah payment on my end, and the debt of R 3000 owing by Mr A cancels?

Zakah cannot be offset in this way. For the Zakah to be valid, Tamleek (transferring of ownership is a requirement).

In the given situation it is not considered as Tamleek (making someone the owner) and accordingly does not fulfill the Shariah requirement as this wealth was in Mr. A's possession prior to you intending Zakah.

What could be done is that he or his appointed agent could be given the amount in cash unconditionally (without any precondition of returning the money). Thereafter he or his agent should be requested to repay his debt. If he then uses the money to repay his debt back to you then this is acceptable. He could appoint someone as an agent to accept Zakah on his behalf and to thereafter discharge his debt with the funds he receives.

Is Zakah payable on one's accumulated leave balance. Leave balances are accumulated for the duration on one's employment and paid out in cash should one leave the employment.

There is no Zakah on accumulated leave as the leave is not cash. The employer may ask the employee to take the leave before resigning from the job.

May I pay the school fees for my domestic worker's child with Zakah?

If she is a Muslim and is eligible to receive Zakah, you may give your domestic worker Zakah. It is not a condition to mention to her that it is Zakah money.

For Taraweeh, when following many different Imams who lead, do I make one intention/niyyah for 20 Rakats of Sunnat Taraweeh or make intention/Niyyat every 2 Rakaats?

Taraweeh is in the rank of one Salah. So one may make Niyyat at the beginning that I'm performing 20 Rakaats Taraweeh.

If one missed a few Rakaats of Taraweeh in the middle, due to going to the washroom, when should he make up for them?

You may make up the missed Rakats of the Taraweeh individually after the Witr.

And Allah Knows Best

The Fatwa Department of Darul Ihsan provides a wide range of services such as the issuing of rulings, verdicts, research, mediation, estate distribution and planning, general advice, etc. The Fatwa Department receives an average of 250 questions per month - mostly via email - from around the globe. Every reply is checked and approved by at least two Muftis that serve in the department.

### **Need a Quick Response?**

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Al Ilpsan Times Ramadan 1440 / May 2019

# Darul Ihsan Outreach Programme

# Don't miss the opportunity!

### Now everyone can give

Honourable Reader

- 1. Generous contributions from individuals, no matter how small, make a difference to the lives of so many people.
- 2. Every Rand helps us to build and strengthen the Ummah, through our various projects and upliftment programmes.
- 3. Your ongoing support, contributions and Duas have been vital in allowing Darul Ihsan to serve the Ummah, especially those most in need.

### Feed-a-Pupil

53 000 sandwiches distributed to poor learners in 57 schools in greater Durban (Monthly)

### Feed-the-Needy

2 000 hot meals are prepared and distributed to the poor who are not privileged to have even one meal for the day (Monthly)

### **Operation H2O**

Bottled water distribution at medical centres, clinics and in drought stricken areas. Some 310 000 litres distributed country wide in drought affected areas.

### No amount is too little

- 4. Visit our website www.darulihsan.com to view some of the success stories.
- 5. Administrative expenses in driving our projects are huge and require purely Lillah funds. We humbly appeal to our Zakah donors to also consider contributing Lillah to assist us in sustaining operational costs.
- 6. Become a regular Darul Ihsan donor through the debit order or online method and secure your investments for the Hereafter.

### Feed-a-Patient

10 000 biscuit packs distributed to poor patients in 20 hospitals and clinics (Monthly)

### Welfare

Some 1 500 impoverished families are granted assistance for their basic subsistence to the value of R1.2 million (Monthly)

### Sponsor-a-Blanket

6 000 blankets are distributed in KZN and other provinces (Annually)

### **Bursary Fund**

R2 million in subsidies are provided to deserving students (Annually)

# MINIA PILL STATE OF THE STATE O



### Sponsor-a-Kajoor Pack

10 000kg of dates are distributed to the disadvantaged and under privileged (Annually)

### Uniforms & Stationery

Over 1 000 school uniforms, stationery packs, school bags and other school accessories provided to needy learners (Annually)



### **Build-a-Home**

13 houses built and donated to the under privileged to date

### Caregiver Course

120 candidates empowered as caregivers to serve the frail and infirm to date

### Clinic Day

'Clinic Days' held for destitute communities to promote wellness with free check-ups and medication (Quarterly)

### HOW YOU CAN HELP US HELP THE POOR!

**Banking Details** 

First National Bank

Account Name: Darul Ihsan Centre Branch: Tongaat - Code: 220329

### **Account Numbers:**

Castlehill Masjid: 62514939084 Office Building Project: 62423025461

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Ramadan 1440 / May 2019 Al Thesan Times

# What's Happening at Darul Ihsan Centre

### **Signboard for Cemeteries**

isiting the cemetery is essential. Nabi strongly encouraged Muslims to visit the cemetery so that we would be aware that the world is a temporary place, have consciousness of the certainty of death and be reminded that our final abode is the Hereafter.

It is recommended that - upon entering the cemetery - there should be a signboard to guide us on how to conduct ourselves and the duas to be read.

Through a generous donor, Darul Ihsan Humanitarian Centre has in stock such signboards which are available (at no cost) to Muslim cemeteries who wish to make use of them.

The signboards are manufactured out of high quality 'chromadek' and

are suitable to be mounted on either a wall surface or for fixing on two poles for effective display.

Further, the signboards have space available for the signage of the name/contact details of the respective burial societies who request them.

To date, twenty-nine (29) such boards have been distributed countrywide.

Where there might be more than one entry/exit to a cemetery multiple signboards can also be supplied.

Any burial society managing a cemetery that requires the signboards should contact 086 114 4 7 2 6 a n d / o r e m a i l kathrada.a@darulihsan.com

# Darul Ihsan Phoenix office provides meals to many seeking jobs

ouseholds in the Durban suburb of Phoenix and surrounding areas are affected by many social conditions which impact negatively on their lives. One among the many challenges experienced is massive unemployment which has resulted is not only poverty but a desperate need for even a single meal for the day.

At certain areas of Phoenix like the Sunford, people arrive early in the morning and wait along the streets for potential employers who might offer some casual work - even if it is just for a few hours or a day.

Getting up early in the morning and arriving on foot is not only an ordeal for them but to wait for the remote possibility of work for just a day especially on an empty stomach - is

overwhelming.

To help the situation, Darul Ihsan Humanitarian Centre's Phoenix office has been providing packed meals for up to 50 recipients a daystanding along streets seeking jobsseven days a week.

A grateful recipient expressed his appreciation to the Centre:

"Often we wait to find some sort of employment on the streets without much hope. Thanks to Darul Ihsan, at least we know that we will not be hungry for the day."

We hope to continue this much appreciated and increase it where possible. These outreaches are made possible through the generous contributions and ongoing support of the Muslim community.

### Disaster Relief at Cato Crest informal settlement

r Malcolm Canham, a coordinator from Ethekwini Disaster Management, contacted the Head of Darul Ihsan Humanitarian Centre's Relief Team with a request for assistance for residents affected by a major fire incident at the Cato Crest informal settlement. The fire broke out at the informal settlement in the early hours of Sunday morning, 31 March 2019. Almost 40 dwellings were razed to the ground. Sadly, there were two fatalities and two people were seriously injured. At least 85 people were displaced by the incident.

Mr Canham, after assessing the situation, made an urgent request for blankets for the affected residents. By 2:30 PM Darul Ihsan

Humanitarian Centre's Relief team - together with community volunteers - distributed blankets to all affected by the fire incident.

Members of the Ethekweni Disaster Management team and Mr Sifiso Ntineza - a Ward 101 Coordinator, together with some of his team members - thanked the Relief team for its prompt response in providing and distributing the blankets.

Many residents also expressed their heartfelt appreciation to the Relief Team for providing the blankets.

These relief outreaches are made possible through the generous contributions and ongoing support of the Muslim community.

### **Kwadabeka Clinic receives printers**

n Friday, 29 March 2019 Darul Ihsan Humanitarian Centre donated two Epson printers to the Kwadabeka Community Health Centre based in Durban.

Over 800 patients are attended to daily at the centre and blood tests are done for at some 400 patients. However, results of blood tests could not be printed due to a lack of functional printers.

The CEO of the Health Centre, Dr. J Ramdeen, received both printers from the Head of Darul Ihsan Humanitarian Centre's Relief Team, Abdul Saeed Shaik. Dr. Ramdeen, management members and staff of the Health Centre expressed their sincere and heartfelt appreciation for the gesture.

### In a letter of appreciation Dr. Ramdeen stated:

"The Management, Staff and Patients of Kwadabeka CHC would like to extend our gratitude to Darul Ihsan Humanitarian Centre for the generous donation of 2 printers."

"Darul Ihsan's speedy response to our request was most appreciated, the printers being within 10 days of our request."

"We are certain that your kind donation will improve the patient satisfaction at Kwadabeka CHC by making a positive impact on the quality and efficiency of care,"

All outreaches of Darul Ihsan Humanitarian Centre are made possible through the generous contributions and ongoing support of the Muslim community.

### Drug Awareness programmes held in Johannesburg

arul Ihsan Humanitarian Centre (DHC), through its 'Drug Awareness Drive' (DAD) initiative presented a series of educational programmes on drug and substance abuse at schools in and around Mayfair, Homestead Park and Crosby.

Darul Ihsan Humanitarian Centre (DHC), through its 'Drug Awareness Drive' (DAD) initiative presented a series of educational programmes on drug and substance abuse at schools in and around Mayfair, Homestead Park and Crosby.

On Friday, 1 March 2019 the 'DAD' Team visited the Johannesburg Secondary School and the Johannesburg Muslim School where Ulama members of the Team presented a power point presentation on the harms of drugs followed by a Q and A session with the learners.

A ladies programme was also hosted at the Girls Madrassah in Mayfair on Friday morning.

### Jumuah programmes

Jumuah bayaans on the drug menace took place at Masjid Mu'aaz bin Jabl (Crosby) and Masjid Taqwa (Homestead Park).

### Maktab programme

On Friday afternoon a special programme for most of the Makatib in the Mayfair district saw over 300 learners participating in an interactive programme on substance abuse.

Muallims and Muallimas said they were 'impressed' by the talks presented and acknowledged the benefit of the DAD programme for the learners.

### Public programme

On Friday evening the DAD team presented a programme for the public at the JSS Hall.

Ulama of the area that were present expressed their appreciation to the DAD Team on the importance and relevance of the programme.

### Darul Uloom programme

On Saturday, 02 March Ulama and students - both male and female - from three Darul Ulooms were invited to Madrassah Saadiqeen for a specialized programme on substance abuse.

Positive feedback was received from all who attended.

Darul Ihsan Humanitarian Centre thanks the communities of Mayfair, Homestead Park and Crosby for their participation and hosting of the 'Drug Awareness Drive' programmes in their respective areas.

The impact of drug and substance abuse in our society is a very real, relentless and brutal phenomenon.

Consequently the DAD team strategizes its programme around 'Drug Dynamics, Perspective, Analysis and Solutions' - with visual presentation using slides and video clips - for the sole purpose and intention to help and educate our community. The sustained campaign has enjoyed significant feedback and community involvement is encouraging.

May Allah Ta'ala accept this humble effort, make it easy for those whose lives are affected by the incidence of drug and substance abuse and protect our families and the Ummah.

Al Ihsan Times

### Ramadan 1440 / May 2019

### Al Ihsan Clinic Day' at Mount Vernon - Verulam

he Al Ihsan Clinic Day is an ongoing initiative of Darul Ihsan Humanitarian Centre that provides basic health care in mostly rural areas where communities don't have access to nor have the means to travel to public health services.

On Sunday, 31 March 2019 a medical team comprising three general practitioners, two optometrists, 12 nursing assistants, community volunteers and staff members of Darul Ihsan Humanitarian Centre held the second Clinic Day for 2019 at the Mount Vernon Musallah in Verulam. All medical personnel were coordinated by Dr. Zahid Khan.

The Clinic day began at 09:00 AM with registration of almost 200 patients - most of them senior citizens.

All patients were screened followed by check-ups by the medical team. Free medication was administered to the patients, prescriptions were handed to those requiring specific medication and eleven patients were handed letters of referral to state hospitals.

Refreshments were provided and hot-packed lunches were handed to all patients.

Darul Ihsan Humanitarian Centre expresses its most sincere thanks to the trustees of Mount Vernon Musallah, their team of volunteers, the medical team and all community volunteers who sacrificed their time to make the Clinic Day possible.

These initiatives of Darul Ihsan Humanitarian Centre are made possible through the generous and ongoing support and contributions of the Muslim community.

### **Darul Ihsan Centre - Shallcross Office**

n late 2018, a new Darul Ihsan office was commissioned in Shallcross near Chatsworth in Durban. The main function of this office is to promote Islam to the community through youth outreach, community visits and Dawah. Below is an activity breakdown:

### Youth for humanity:

The aim of the programme is to develop the youth into dynamic individuals by offering them leadership skills and guiding them to become responsible young adults. The age group is 12 years upward.

### The programme focuses on five areas of development:

- 1. Spiritual importance of reformation, obedience and worship
- 2. Intellectual the development of knowledge and skills
- 3. Emotional our emotional consciousness and how to cope with matters that affect us
- 4. Social living, working and interacting with others in our daily
- 5. Physical a focus on fitness, good physical habits and good health

This programme is similar to a scouts initiative.

### **Hospital Visits:**

Weekly hospital visits are undertaken on Tuesday. During these hospital visits we meet people that join the life after death's counselling and life coaching programs. Information pamphlets are distributed alongside some snacks. The pamphlets are both direct Dawah to Islam and for moral upliftment.

### Counselling:

Free counselling is conducted to the community at the office under the 'Life after death' banner. Many of the cases attended to where suicidal cases. Alhamdulillah, there are regular appointments for either counselling or life coaching. Life coaching is done to help people achieve certain goals or to eradicate evil habits.

### Social Home Visits:

Home visits are made to revert homes for ongoing guidance and moral support. Many of them are visited by people of their former religion in the hope to lure them away from Islam.

### Classes:

Regular educational lessons are held at the office for all levels of learners.

With the Grace of Allah Ta'ala, huge strides have been made in a relatively short space of time. Readers are requested for duas for the progress and success of these initiatives.

### Sunnats of Eid

To rise early - before dawn use the Miswak, take a bath, apply Itr (perfume) and wear one's best clothes

To eat something sweet before Eid Salah of Eidul Fitr

Men to attend the Eid Salah at the Eid Gah

To go for Eid Salah by foot if possible, and to choose a separate route going to and returning from the Eid Gah

To recite the Takbeer for Eid along the way - Allahu Akbar, Allahu Akbar - La ilaha illallahu wallahu Akbar - Allahu Akbar Walillahil hamd. (Allah is the Greatest, Allah is the Greatest. There is none worthy of worship but Allah. Allah is the Greatest, Allah is Greatest. And all praises are for Allah)

### First graduates of the Fashion and Design Course

he Durban textile industry absorbs thousands of new employees a year and many without skills cannot take advantage of the vacancies that are

In February this year Darul Ihsan Humanitarian Centre initiated the 'Fashion & Design Course' - a skills based course directed to train both females and males to be selfemployed and/or be employable in the textile industry.

The course is coordinated by Sheikh Ishaaq Kasim and is presented at a venue in Marianhill.

The course began on 18 February with an enrolment of 10 applicants -6 females and 4 males - and by 30 March 8 applicants completed the course and 5 received their certificates on Monday 15 April 2019 while the remaining two applicants are continuing with an advanced 'Designing' course and hope to qualify by the end of May, Insha Allah.

Alhamdulillah, all five students who completed their course have already found employment in the textile industry.

### Literature Collection Project

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# SPONSOR-A-BLANKET

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s Ramadan draws to a close and we prepare to say our farewell, we feel both sad at the separation from our guest as well as the excitement for Eid. However there are many of our fellow brothers, sisters and children for whom the day of Eid is just another day of toil and strife. The Shariah has made provision to mend the broken hearts of the less fortunate on this day and it comes in the form of Sadagatul Fitr.

Sadaqatul Fitr (also known as Fitrah) is compulsory on every Muslim who has the value of Nisab in access of necessities on the day of Eid after subtracting debts. A father will discharge the Sadaqatul Fitr on behalf of his minor children if they have no assets.

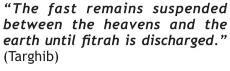
The significance of Sadaqatul Fitr can be understood from the following Hadith:

"The fast remains suspended between the heavens and the earth until fitrah is discharged."

those in need.

Early payment of Fitrah will allow the recipients to prepare adequately so that they too can enjoy a happy Eid. In keeping with

Imam Malik (Rahimahullah) has recorded in Muwatta, that Sayyiduna Abdullah Ibn Umar 🚲 would send his Fitrah to the one who was in charge of collection two or three days before Eid. (Fathul Bari)



Whilst Muslims do discharge their Fitrah, many do so at the last hour. By discharging Fitrah late, it does not fulfil the purpose of benefitting

this spirit, we urge Muslims to discharge their Fitrah a few days before Eid.

# **Darul Ihsan (New Office)**

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# **Seeking the Great Night**

When is Laylatul Qadr?

Rasulullah said: "Seek Laylatul Qadr in Ramadan in the last ten nights. Verily, it is during the odd nights, 21st, 23rd, 25th, 27th, 29th or the last night of *Ramadan.*" (Ahmad)

This blessed night is a serene and calm night in which the dawn breaks without any radiant beams of light. It lasts until the break of the dawn.

### What is Laylatul Qadr?

Amongst the many blessings of Ramadan is a precious and special night known as Laylatul Qadr - The Night of Power. This great and powerful night is better than a 1000 months (83 years and 4 months).

This night brings an abundance of mercies, forgiveness, spiritual progress and elevation for a Muslim. It is a night to earn Allah Ta'ala's pleasure and the ultimate prize of Jannah.

Allah Ta'ala says: "The Night of Power is better than a thousand months." (Quran 97:3)

Rasulullah 🗯 said: "Whosoever stands in ibadah - worship on this night, with sincere faith and with

genuine hope of gaining reward, his previous sins will be forgiven.' (Bukhari and Muslim)

Aaisha (RA) reports: "I said: 'O Rasulullah 🖔 should I find myself the "Laylatul Qadr", what shall I pray? Rasulullah 🇯 replied: say, "Allaahumma innaka afuwwun tuhibbul afwa fa'fu anni" "O Allah, You are most forgiving, You love forgiveness, so forigve me.' (Tirmizi)

### Some suggested practices for this night:

- Spend as much of this night in the Masjid, in seclusion or in the programmes of the pious. Females may seclude themselves in a quiet corner in their homes.
- Recite as much Qur'an as possible, particularly the prescribed surahs and verses.
- Perform nafl Salah Salatut Taubah - Tahajjud Salah - Salatut Tasbeeh etc.
- Make abundant zikrullah different forms of Zikr including durood and duas.
- This night is a great opportunity for dua. Beg from Allah to fulfil your needs and the needs of the Ummah both in this world and the hereafter.

This publication contains Quranic verses and narrations of Nabi 🇯 - Please handle with respect



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