

# MUSLIM EMPOWERMENT FUND

## Humanitarian Projects

- Spend a few rands now for the pleasure of Allah and see the rewards multiply 700 times in the hereafter.
- Ideal as Sadaqa-e-Jariyyah for the benefit of deceased loved ones.



### OTHER PROJECTS

1. Boreholes
2. Quran Desk
3. Gift Packs
4. Sponsor a Student

### 1. Feed a Pupil

Volunteers - housewives and businesses - prepare sandwiches for the poorest pupils. +/- 45 000 sandwiches a month distributed to 55 schools  
Become a volunteer  
Join the "sandwich making" team

### 2. Feed a Patient

Pre-packed biscuits offered to care centres and institutions. 20 000 biscuits a month to 28 institutions  
Please contribute for this noble cause

### 3. Home Improvement

Fifty two homes were made more liveable for poor families.

### 4. Household Improvement

Over 130 basic household appliances and furniture were given to needy homes.

### 5. Home-Build-It

A new concept recently introduced - affordable homes built.

### Other Projects

6. Nursing the Aged
7. Ihsan Soup Kitchen
8. Ihsan Nursing & Care
9. Feed a Family
10. Ihsan Feeding Scheme
11. Enable the Disabled

## Caring for the people Empowerment Projects

### 1. Tuck Shop Starter Pack

Converting part of the home or constructing a mini-shed into a Tuck Shop or café for the needy.  
Your contributions will help others to generate an income

### 2. Tradesmen Empowerment

Skilled tradesmen and artisans are assisted with tools and materials to start up a business  
Your contribution will help to empower tradesmen to earn a living

### 3. Street-Traders Empowerment

Goods are provided for selling door to door or for vending or at flea markets or car-boot markets  
Contribute by offering sellable items and goods

### 4. Employment Placement

An absolutely free service is provided to job-seekers as well as businesses looking for staff. This is done via Darul Ihsan's Website. A number of people who use this useful service had success in finding employment.

### Other Projects

5. Ihsan Skills Training
6. Educate a Child
7. Ihsan Seeding Project



### Al-Asil - The Pure Bred Arabian

By: MI Yusuf Bemath  
A unique blend of Islamic & modern research on the Arabian horse. **R175**

### Unblemished Youth

By: Sh Saifullah Naqshbandi  
Adolescence is the most delicate of stages of life for its powerful & lustful emotions that pull the youth towards evil. **R15**

### The Garden of the Hadith Scholars

By: Shah Abd Al Aziz Ad-Dehlawi (R)  
A famous anthology of Hadith sciences, major books of Hadith and Muhaditheen. Originally written in Persian. **R129**

## OTHER BOOKS FOR SALE

- Pearls from the Path 1&2 **R90**each
- Preparation for Death (Sh Zulfiqar Naqshbandi) **R45**
- The Benefactors of Islam (Sh Zulfiqar Naqshbandi) **R30**
- Madrasah Life **R38**
- The Kitab al-Athar of Imam Abu Hanifa **R175**
- Al-Arbain of Sha Wali Ad-Dihlawi **R27**

- The Conqueror of Hearts (Sh Zulfiqar Naqshbandi) **R40**
  - The Compendium of Knowledge and Wisdom **R175**
  - Glistening Lights Vol 1 (Sh Zulfiqar Naqshbandi) **R55**
  - Islamic Guide to Sexual Relations & Slippery Stone **R165**
- MUCH MUCH MORE**

Available at: Darul Ihsan Offices or ONLINE @ [www.darulihisan.com/shop](http://www.darulihisan.com/shop)  
Contact us for wholesale prices

## HOW YOU CAN HELP US HELP THE POOR!

### Direct deposit / EFT

Fill a debit order form for a monthly contribution

Donate Online  
[www.darulihisan.com/donate](http://www.darulihisan.com/donate)

### Banking Details

First National Bank  
Account Name: Darul Ihsan Centre  
Branch: Tongaat - Code: 220329  
Account Numbers:  
Lillah: 62130045398  
Feeding: 62134947764  
Zakaat: 62130044910  
Relief: 62134947144



# DARUL IHSAN CENTRE

## An Overview of Activities

### Fatwa Department

- Issuing Islamic verdicts, succession planning guidance and estate certificates are issued to the Master of the High Court
- On-going research on challenging contemporary issues

### Social Department

- Counselling & Mediation, pre-marital workshops & public programmes on marriage
- Special training and development of marriage counsellors

### Welfare & Relief Department

- Empowerment & Skills Development Programmes host a number of developmental and enabling sessions in order to make individuals self-sufficient and self-reliant
- MEF (Muslim Empowerment Fund) humanitarian projects include 'Feed a Pupil' that provides 45 000 sandwiches monthly to 55 schools in the greater Durban area. A further 20 000 biscuit packs are distributed monthly to care-centres and clinics

### Youth of the Ummah (Y.O.U.)

- Y.O.U. organises adventure camps and programmes to stimulate the youth and harness their potential, including Umrah trips for spiritual upliftment

### Education Department

- Siyamphambeli Madrasah division, Hifz & Madrasah classes for senior primary and high school boys through Madrasah Abraar, Islamic school advisory services and Teach the Deen - adult classes

### Media Desk

- Responding to bias and negative reporting, keeping a constant eye on major newspapers and websites and articulating views and opinions on current issues

### Publication Department

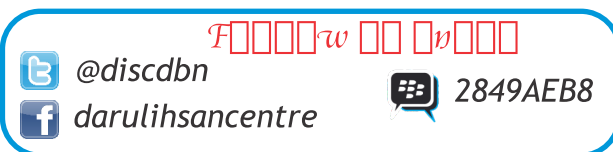
- Publishes books, brochures and posters with various titles on pertinent Islamic matters available for download from the website - regular e-newsletter is published with updates on activities of the Centre

### Literature Collection Unit

- Disposal of old and unwanted Islamic literature - over 100 mobile units are placed at Masjids and Musallahs nationally and serviced on a regular basis

### Wa'z wal Irshad – Public Programmes and Conventions

- Arranges various programmes at many venues to inform and educate the public, special Azmat-e-Sahabah programmes are convened - Educational programmes in Masjids on various topics
- **Marriage Registration** - A free service provided to Muslim couples in accordance with South African Marriages Act
- **Jumuah Roster** - Year round facilitation of Jumuah speakers for over 30 venues in greater Durban
- **Employment Placement** - A free employment placement service that aids both those seeking and offering employment via the Centre's website
- **Website** - The Centre's website is well visited and popular for its current and updated content. Visit [www.darulhsan.com](http://www.darulhsan.com) and [www.you.org.za](http://www.you.org.za) for the youth website
- **Giveaways** - Travel Musallah - Zikr beads - Shifa water: these items are available FREE from our offices



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**DARUL IHSAN**  
**ISLAMIC SERVICES**  
**CENTRE** دارالاحسان

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# AL-IHSAN

## الإحسان

Vol 6:1

Organ of the Darul Ihsan Islamic Services Centre

Ramadan 1434 / July 2013

# Ramadan

## — the beneficial “scorcher”!

Once more, the honourable guest, Holy Ramadan is with us. The word "Ramadan" comes from the Arabic root word denoting “scorching heat”, “parched thirst”, “intense dryness”, “sun-baked ground”, etc. Thus, Ramadan is named to indicate the burning sensation in the stomach as a result of hunger and the dryness of the throat due to thirst. Ramadan also “scorches out” the sins of the Muslim as if burning it to the ground. In another sense, the hearts and souls soak up the spiritual warmth of Ramadan, just as the sand and stones conduct the sun's heat. Heat is also used as a medical treatment to remove and drive out toxins, cold and other harmful substances from the body. In a similar manner, the heat of Ramadan will expunge and “dry out” greed, arrogance, indifference and other spiritual maladies from the soul of man. Intense heat is also vital in the manufacturing processes of metals, plastic, glass, wood, etc. All of these are moulded into various products under scorching temperatures. Similarly, the heart of man is cast into a beautiful spiritual mould in the heat of the “crucible of Ramadan”, thereby becoming a wonderful receptacle of piety and righteousness!

### Tremendous benefits of fasting

Fasting is not a mindless exercise of torturing the body by remaining hungry and thirsty. It is extremely meaningful and produces tremendous benefits for the fasting person, some of which are summarised as follows:

- Increased Ibadah and devotion in Ramadan makes a Muslim feel closer to the Creator, and generate appreciation for all His provisions; food, water, etc. as a boon and blessing from Him.
- By becoming more charitable in this month, feelings of generosity, soft heartedness and good-will towards others are developed. The Prophet Muhammad ﷺ was more generous than the swift blowing winds in this month.

- Through self-control and the discipline of fasting, a Muslim develops tolerance, patience, contentment, good manners, kind words and good habits.

- Ramadan causes a change in life's routine, which results in healthy lifestyle habits - particularly with regard to diet, eating habits and less smoking.

- Because fasting is a collective activity, it creates a sense of belonging to the global family of Believers and strengthens family ties and Islamic brotherhood on a local level as well.

### First hand sympathy with the poor and hungry

One of the outstanding benefits of fasting is that a Muslim experiences hunger and thirst, and thus personally identifies with the daily plight of the hungry and poor. In this way it generates a real and intense degree of sympathy and concern for the underprivileged who have so little to survive on. This in turn makes Muslims reach out to the poor and render them all forms of assistance. One who does not experience this hunger cannot truly empathise with the poor and the hungry. Consequently, this has a bearing on the effectiveness of any relief programmes operated by such people.

Ramadan is a very special month, but it is important for the benefits of this month to remain throughout the year. The spirit of piety and spiritual elevation experienced in Ramadan should stay on during our "normal" lives in the prevailing eleven months. And when the spiritual batteries begin to weaken, again comes the next Ramadan to give a full charge! Ramadan Kareem to one and all and a happy and joyous Eid Mubarak in advance from all at Darul Ihsan!

- by Mufti Zubair Bayat (Ameer, Darul Ihsan)

**Wish to receive free sms's and e-newsletters?**  
**Then sms your details to 083 786 0788**  
**or email [disc@darulihسان.com](mailto:disc@darulihسان.com) immediately!**