

Darul Ihsan's MUSLIM EMPOWERMENT FUND

Caring for the people

Humanitarian Projects

1. Feed a Pupil

Volunteers - housewives and businesses - prepare sandwiches for the poorest pupils. +/- 50 000 sandwiches a month distributed to 63 schools

Become a volunteer

Join the team in the sandwich making

2. Feed a Patient

Pre-packed biscuits offered to care centres and institutions. 20 000 biscuits a month to 28 institutions

Please contribute for this noble cause

3. Home Improvement

Fifty two homes were made into a livable condition for poor families.

4. Household Improvement

Over 130 basic household appliances and furniture were given to needy homes.



Household Improvement



Feed a Pupil



Home Improvement

5. Nursing the Aged

Our senior citizens, pensioners and elderly require constant provision of Halaal meals at care centres. They also require moral support, guidance, companionship and a comfortable life.

Become active in taking part in this rewarding deed

6. Ihsan Soup Kitchen

Soup and bread is filling and nutritious. Twice a month it is provided to the hungry.

Support the Soup kitchen and bring a smile to a hungry person

7. Ihsan Nursing & Care

We are encouraged to show love and compassion towards the sick, infirm, disabled, bedridden and frail.

Volunteer to visit the sick as part of our social and ethical responsibility, and fulfil a great Sunnah.

8. Feed a Family

Generally, schools are used as a base to provide basic food items to families. Due to abject poverty in many communities, even a loaf of bread is regarded as a full meal.

9. Ihsan Feeding Scheme

Hot cooked meals are prepared in large pots (degs) – each pot serving approximately 175 persons. Twice a month meals are served at clinics, care centres, etc. targeting the neediest and hungry.

Donate a pot of food and in keeping with words of Nabi ﷺ, "Feed the people..."

10. Enable the Disabled

Assistance is rendered in providing wheelchairs, artificial limbs, diapers and most of all, moral support.

Empowerment Projects

1. Tuck Shop Starter Pack

Converting part of the home or constructing a mini-shed into a Tuck Shop or café for the needy.

Your contributions will help others to generate an income

2. Tradesmen Empowerment

Skilled tradesmen and artisans are assisted with tools and materials to start up a business

Your contribution will help to empower tradesmen to earn a living

3. Street-Traders Empowerment

Goods are provided for selling door to door or for vending or at flea markets or car-boot markets

Contribute by offering sellable items and goods

4. Ihsan Skills Training

Training of different skills is provided at various centres

Empower people to become self sufficient

5. Employment Placement

An absolutely free service is provided to job-seekers as well as businesses looking for staff. This is done via Darul Ihsan's Website. A number of people who use this useful service had success in finding employment.

6. Ihsan Seeding Project

Seeding and garden tools are provided for home - farming

7. Educate a Child

Essential school items provided such as stationery, uniforms, fees, transport, etc.



Tuck Shop Starter Pack

**Sadaqatul Fitr = R16
per person**

**HOW YOU CAN HELP US
HELP THE POOR!**

1 Direct deposit / EFT

**2 Fill a debit order
form for a
monthly contribution**

Bank:



Branch: Tongaat - Code: 220329

Account Name:

Darul Ihsan Islamic Services Centre

Account Numbers:

Lillah : 62130045398

Zakaat : 62130044910

Feeding: 62134947764

Relief : 62134947144

**Wish to receive our free sms's and e-newsletters?
Then sms your details to 083 786 0788
or email disc@darulihisan.com immediately!**

Q & A

Q Can a fasting person take an injection for medical purposes, like insulin and will the fast be valid?

A It is permissible for a person to take an injection for medical purposes, like insulin, whilst fasting. The fast is valid. However, in the case where it is directly injected into the stomach the fast will be nullified. (Fatawa Mahmoodiyyah)

Q Is it permissible to have a blood test or to donate blood whilst fasting?

A It is permissible to have a blood test whilst fasting and to donate blood when there is a genuine need. However, if a person will experience weakness then it will be undesirable to do so. (Ahsanul Fatawa)

Q Is it permissible for a pregnant or breastfeeding woman not to fast during the month of Ramadan?

A A pregnant or breastfeeding woman should fast during the month of Ramadan. However, if she cannot manage keeping the fast due to extreme weakness, or endangerment to both her and her child's health or upon the advice of a pious Muslim doctor, it will be permissible for her to delay her fast. If no Muslim doctor is available she can consult the local

Ulama in conjunction with the doctor. She will make Qadha of all the missed fasts. It is also advisable for one to make a bequest if the Qadha fasts cannot be made in her lifetime then Fidyah should be given on her behalf after her death. (Fatawa Darul Uloom Deoband). There is no Kaffarah (penalty) in such a case.

Q If a female starts menstruating whilst fasting in Ramadan, can she eat when she is in seclusion? Similarly can she do so when she stops menstruating during the day?

A If her menses starts whilst fasting then she may eat in seclusion. However, if her menses had terminated during the day, then she should abstain from eating and drinking both in private and public and act as a fasting person. (Bahishti Zewar)

Q Is it permissible to apply lip balm, Vaseline or lip ice, etc. on the lips to prevent them from chaffing etc. whilst fasting? If applied will it nullify the fast?

A It is permissible to apply lip balm, etc. on the lips whilst fasting. The fast will not be nullified. However, it is discouraged, as there is a possibility of it being ingested with saliva. (Ahsanul Fatawa)

Darul Ihsan Fatwa Department
fatwa@darulihسان.com

Seek help with patience and prayer

The Noble Quran encourages the believers to seek divine assistance by resorting to patience and prayer. This should be the immediate approach in any adversity. Together with divine help, effective ways and means should be used to address issues and gain relief from difficulties.

People facing financial, marital and domestic challenges tend to either ignore a problem in the hope it will disappear, or approach it incorrectly. This attitude serves to exacerbate the problem that eventually becomes unbearable.

In the case of a strained relationship where constant abuse takes place; if the victim does not address the matter swiftly, the situation can become very traumatic and ultimately destructive.

To salvage a marriage, partnership, family relationship or any other mutual bond, the issues from within must be

addressed with urgency. Ideally the partners or parties themselves should respectfully communicate their differences and settle them amicably. If this is not possible, then sound advice and intervention must be sought to avoid a total breakdown.

Anyone facing such difficulty should pursue remedial measures urgently and follow proper guidance on managing issues within an Islamic framework. In this way, relationships will have a better chance of improvement and enjoy healthy growth over time.

Darul Ihsan Centre provides advisory services and guidance on Islamic jurisprudence, marital disputes, laws of succession, domestic problems, motivation and self-empowerment. These services are provided free of charge.

Darul Ihsan Social Department
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Organ of the Darul Ihsan Islamic Services Centre

Vol 5:1

Ramadan 1433 / July 2012

Glimpses of the Ramadan of the Pious Saints

Shaikhul Hadith Hadhrat Maulana Zakariyya (R)

It was difficult enough for anyone to meet with Hadhrat Shaikh in Ramadan, but to talk to him was completely out of the question, especially when it was his routine to complete one Quran plus a little more every day (in case Ramadan was 29 days). In that case, there was no chance of meeting him, despite his love for guests who came to meet him and his hospitality towards them.

It is known that Imam Abu Hanifa completed 61 Qurans in Ramadan. Hadhrat encouraged his devotees to do the same.

Hadhrat said:

"Once, I wrote to some of my friends and asked them to recite 60 Qurans in one Ramadan. Many of my friends strove to reach that goal. One finished 61 Qur'an, some did 60 and one did 56."

Hadhrat Maulana Khalil Ahmad Saharanpuri (R)

It was Hadhrat's habit to recite two paras in Tahajjud Salah. Sometimes it was a bit more and sometimes a bit less, according to the time available. Reading of additional literature was completely discarded in Ramadan. The Tasbeeh was always in his hand and his tongue busy with Zikr.

Hadhrat Maulana Rashid Ahmad Gangohi (R)

During Ramadan there was a marked increase in his Ibadat, especially the recitation of the Quran. His extreme exertion in spiritual exercises was such that onlookers felt pity for him. After fasting the entire

day, instead of six Rakats Awabeen, he used to perform twenty Rakats, during which he never recited less than two paras.

When going to and from his house he never spoke. He would recite about fifteen paras of Quran daily. On the morning of Ramadan he used to say: "...If any man allows Ramadan to be wasted, it is a great sorrow indeed."

Hadhrat Shah Abdur Raheem Raipuri (R)

Ramadan in Raipur was always a very special occasion. Hadhrat had great love for the recitation of the Quran. It was one of his general habits to spend practically the entire night in Tilawat (recitation). He barely slept for even an hour during the nights. He generally kept the door of his room closed and enjoyed his solitude when he was in communication with his Master.

Shaikhul Hind Hadhrat Maulana Mahmood Hasan (R)

During Ramadan Hadhrat remained in Ibadat day and night. He never busied himself with anything else. During the day he relaxed a bit, but the major part of the night was spent in listening to the Quran in Salah since he was not a Hafiz.

Refer to the book "Ramadan of our Saintly Elders" for more information - download from www.darulihسان.com

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