

Avoid the two “E”s

Many social problems which include disputes, divorces, and the breakdown of family relations are the result of us not managing situations correctly. Many of these problems can be avoided if we learn how to manage a situation.

Of the many ways of managing a situation, an important ingredient is to keep the two “E”s in control.

These are “EGOS” and “EMOTIONS”.

Never say anything or react to a comment based on one’s egos and emotions. Take some time to think and reflect on the situation before responding.

Avoid disputes. Saying the right thing, in the correct manner, at the right occasion, with the correct intention will always, Insha Allah, have the desired effect.